



Eggs for any meal, any time.

3 in 4 Canadians
are interested in eggs
outside of breakfast¹



¹EnviroNics Research Group Ltd. (September 2025). Egg Consumption Omnibus Survey [unpublished data]. Prepared for Egg Farmers of Canada.

Foodservice Egg Facts

Serve eggs all day and give customers what they want, when they want it.

Canadian eggs are versatile, fitting seamlessly into any meal, whether for dine-in or take-out. From starring as the hero of a dish to boosting profitability as a high-protein add-on, there are endless options with eggs.

76%

of restaurant owners surveyed say eggs are increasing in popularity with customers.¹



53%

of Canadians would add an egg to sandwiches, salads, noodles, or bowls if available on a menu.²



55%

of Canadians would pay between \$1.00–\$2.00 to add an egg to an existing menu item.²



For more insights and menu inspiration, visit

foodservice.eggs.ca



get cracking.

¹EnviroNics Research Group Ltd. (June 2025). Foodservice B2B survey [unpublished data]. Prepared for Egg Farmers of Canada.

²EnviroNics Research Group Ltd. (April 2025). Egg Consumption Omnibus Survey [unpublished data]. Prepared for Egg Farmers of Canada.